

PROGRAMME PLAN

7 & 8 May



SATURDAY

10.00 – 11.00
10.30 – 11.30
11.00 – 12.30
11.30 – 12.30
11.30 – 12.30
11.30 – 12.30
13.00 – 14.00
14.00 – 14.45
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16.30 – 18.00
18.00 – 19.30

RUBRIC

Workshop
MTB Tour
MTB Tour
Gravel Tour
Workshop
Workshop
Workshop
Show
Gravel Tour
MTB Tour
Road Tour
Workshop
Workshop
eMTB Tour
Gravel Tour
Workshop
Workshop
Workshop
Yoga
Movie

PROGRAMME

Ergonomics Workshop for Maximum Comfort
Trailtastic Mountain Bike Tour
Women's Mountain Bike Ride with Franzi Nehl
Crunchy Gravel Adventure
Bike Repair Workshop for Mountain & Road Bikes
Bike Repair Workshop for Trekking & E-Bikes
Ergonomics Workshop for Maximum Comfort
Skillful Bike Show with Marco Hösel and Hannes Herrmann
Women's Gravel Ride with Franzi Nehl
Trailtastic Mountain Bike Tour
Smooth Road Bike Ride
Skill Training for Electric Mountain Bikes with Marco Hösel
Skill Training for Mountain & Enduro Bikes with Hannes Herrmann
Energetic Electric Mountain Bike Expedition
Crunchy Gravel Adventure
Ergonomics Workshop for Maximum Comfort
Bike Repair Workshop for Mountain & Road Bikes
Bike Repair Workshop for Trekking & E-Bikes
Yoga for Bike Riders with Timo Pritzel
Short Film about One of the Toughest Bike Races in the World with Markus Weinberg and Philipp Markgraf

SUNDAY

09.30 – 10.30
10.00 – 11.30
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16.00 – 17.00

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