SQlab Glove size determination

- 1. Place hand on the image and position middle finger at the level of the arrowhead.
- 2. Spread thumb slightly and mark the crook of the thumb with a pen. Read glove size at the height of the mark.
- 3. Place hand on the template again and close fingers. Mark hand width at level of knuckles. (see image on right)
- 4. For the glove width (Slim/Wide), measure the distance between the marked points with a ruler.
- 5. Take the determined size and width (Slim/Wide) from the table and select suitable gloves.



Glove size	Glove width	
	Slim	Wide
XS	to 7,5 cm	from 7,5 cm
S	to 7,9 cm	from 7,9 cm
Μ	to 8,4 cm	from 8,4 cm
L	to 9,0 cm	from 9,0 cm
XL	to 9,6 cm	from 9,6 cm

Tip for hand width: Hold the pencil at a slight angle and mark as close to the knuckles as possible.

