## SQlab

## Glove size determination

1. Place hand on the image and position middle finger at the level of the arrowhead.
2. Spread thumb slightly and mark the crook of the thumb with a pen. Read glove size at the height of the mark.
3. Place hand on the template again and close fingers. Mark hand width at level of knuckles. (see image on right)
4. For the glove width (Slim/Wide), measure the distance between the marked points with a ruler.
5. Take the determined size and width (Slim/Wide) from the table and select suitable gloves.


| Glove size | Glove width |  |
| :---: | :---: | :---: |
|  | Slim | Wide |
| XS | to $7,5 \mathrm{~cm}$ | from $7,5 \mathrm{~cm}$ |
| S | to $7,9 \mathrm{~cm}$ | from 7,9 cm |
| M | to $8,4 \mathrm{~cm}$ | from $8,4 \mathrm{~cm}$ |
| L | to $9,0 \mathrm{~cm}$ | from 9,0 cm |
| XL | to $9,6 \mathrm{~cm}$ | from 9,6 cm |

Tip for hand width: Hold the pencil at a slight angle and mark as close to the knuckles as possible.


