BIKE24

Packing List

YOUR BIKE TOUR STARTS HERE

ON TOUR BASIS EQUIPMENT

- Water Bottle/s
- Mug
- Multi-Tool
- Puncture or Tubeless Repair Kit/Replacement Inner Tube/Tire Levers
- Pocketknife
- Bike Lights
- Energy Gels or Bars
- Zip Ties or Pack Strap
- Map, GPS Navigation Device or Smartphone with Navigation App
- First Aid Kit
- Air Pump
- Lightweight Bicycle Look
- Sport/Sun Glasses

CAMPING EQUIPMENT

- Sleeping Pad (with Footprint)
- Sleeping Bag
- Bivy/Tarp or Tent
- Stove with Igniter
- Cooking Pot
- Cutlery
- Bin Bag
- Water Treatment Gear

APPAREL

- Rain Jacket
- Rain Pants or Shorts
- Arm/Leg Sleeves
- Shoe Covers or Gaiters
- Warm Underwear/Baselayer/Socks
- Longsleeve/Fleece Jacket
- Cycling Short or Pants
- Jersey & Extra Jersey
- Bike Cap/Bonnet
- Pants for Camping
- Outer Layer (e. g. Downvest/Jacket) for Camping
- Shoes for Camping

TOOLS/SPARE PARTS

- Chain Tool
- Spoke Wrench
- Cassette/Center Lock Tool
- Open End Wrench 8/10/15
- Chain Connector
- Brake Pads
- Replacement Spokes
- Shift/Brake Inner Cable
- Replacement Bolts (Chainring/M4/M5/M6)

HEALTH/BODY CARE

- Pain Killers
- Sun Protection
- Chamois Cream/Anti Chafing
- Toilet Paper
- Ticks/Insect Protection
- Shampoo
- Towel
- Dental Care Equipment
- Individual Care Products (e. g. Contact Lenses, Medication)

ELECTRONICS

- Headlamp
- Powerbank
- Solar Panel for Long Distances
- Mobile/Smartphone

NUTRITION/FOOD

- Reserve Energy Gels or Bars
- Instant Food
- Electrolyte Drinks
- Coffee/Tea

PERSONAL ITEMS

- Documents Bag/Pouch/Wallet
- ID Card/Pass
- Cash
- EC Card
- Documents

OWN NOTES